








St. John the Baptist PS School Lunch Menu March 23



Breads
Milk, Water
Fresh Fruit,
Yoghurt
Available Daily

Salad Selection
Rice Salad,
Coleslaw
Sweet Chilli Pasta
Tossed Salad
Lettuce, Cherry
Tomato
Grated Carrots
Cucumber
Diced Red Peppers
Red Onion
Radish
Beetroot

**If You Require
Any Additional
Information on
Allergens or
Special Diets
Please Contact
the School to
complete a
Special Diets
Application Form**

	Monday	Tuesday	Wednesday	Thursday	Friday
 Week 1 – 01 06/03/23	Steak burger or stuffed bacon roll, baked beans, sweetcorn, broccoli florets, mashed potato, gravy Fresh fruit or fresh yoghurt	Pasta bolognese or fresh breaded fish goujons, fresh carrot batons, garden peas, herb diced potato, parsley sauce Flakemeal biscuit	Breast of chicken curry with boiled rice & naan bread or oven baked sausage, garden peas, diced carrots, mashed potato, gravy Jelly	Roast breast of chicken or salmon wrap, stuffing, Cauliflower/broccoli florets, tossed salad, oven roast potatoes, mashed potato, gravy Shortbread	Homemade Margherita pizza or chicken pasta bake salad, selection, chips Ice-cream & fruit pieces
 Week 2 – 13/03/23	Spaghetti bolognese or ham & cheese melt, garden peas, medley of vegetables Mashed potato, gravy Muffin	Homemade chicken goujons & dip or chicken wrap, diced carrots, salad selection, chips or mashed potato Jelly pot	Breast of chicken curry with boiled rice & naan bread or oven baked breaded fis fingers, sweetcorn, broccoli florets, mashed potato Fresh fruit		
 Week 3 – 20/03/23	Golden Crumbed Fish Fillet or Mac & cheese with garlic bread slice, chips or mashed potato, beans or garden peas Homemade Ginger biscuit	Homemade beef bolognese or chicken pie, mashed potato or ½ baked potato, sweetcorn/coleslaw Ice-cream & jelly	Southern spiced chicken wrap or homemade chicken curry & naan bread, boiled rice, potato wedges, tossed salad, peas Chocolate sponge & custard and pears	Roast gammon with stuffing, gravy or cheesy bean loaded jacket potato, mash & roast potatoes, carrots, broccoli, Strawberry mousse or rice pudding, chilled/hot with fruit	Hotdog or sweet chilli chicken panini, chips, pasta twirls, tossed salad, coleslaw Milkshake & flakemeal biscuit
 Week 4 – 27/03/23	Oven baked chicken nuggets or ham & cheese panini, chips, mashed potato, sweetcorn, baked beans Cornflake tart and custard	Homemade beef mince pie or steak burger, gravy, mashed potatoes, peas, carrots Homemade Jam & Coconut cake & custard	Chicken curry & naan bread or golden crumbed fish fillet, mashed potato, boiled rice, garden peas Chocolate Rice Krispie square and fruit piece	Roast turkey with stuffing and gravy or sausage and bean pie, mash and roast potatoes, carrots Ice-cream slider and fruit piece	Homemade pepperoni or magherita pizza or homemade beef lasagne chips, pasta spirals, salad, coleslaw Homemade shortbread and fruit
 Week 5 –					

Menu choices subject to deliveries, Fresh fish may contain bones
Rice, pasta and gravy can be served daily