

ST John the Baptist PS School Lunch Menu Dec 21



	Monday	Tuesday	Wednesday	Thursday	Friday
 Week 1 – 01/12/21			Cheesy bolo pasta or fresh fish goujons with lemon slice, tartar sauce, baked beans, garden peas, sweetcorn, salad selection, mashed potato Jelly pot	Roast breast of chicken or chicken crumble, herb stuffing, gravy, cauliflower cheese, fresh diced carrots/parsnips, mashed potato Chocolate muffin	Chicken nuggets or hot Thai flavoured chicken wrap, salsa dip, salad selection, chips, baked potato Vanilla ice cream
 Week 2 – 06/12/21	Italian bolognaise or breaded fish fingers, baked beans, sweetcorn, broccoli florets, mashed potato Ice-cream	Mac & cheese or homemade salt and chilli chicken goujons, selection of dipping sauces, baton carrots, salad selection, chips, mashed potato Jelly pot	Mexican enchilada or oven baked sausages, garden peas, Mediterranean roasted vegetables, mashed potato, baby boiled potatoes Fresh fruit selection	Chicken panini or roast turkey, stuffing, gravy, fresh carrot or parsnip, fresh savoy cabbage, mashed potato Chocolate cookie	Traditional homemade chicken or smooth & hearty vegetable soup, steak burger in bap or bang bang chicken in hot baguette, mashed potato, tossed salad, selection of breads Frozen mousse
 Week 3 – 13/12/21	Breast of chicken curry with boiled rice & naan bread or chicken & broccoli bake, garden peas, fresh savoy cabbage, gravy, mashed potato Chocolate muffin	Chicken stir fry & noodles or oven baked sausages, sweetcorn, baton carrots, mashed potato Flakemeal biscuit	Spaghetti bolognaise or fresh breaded fish fillets or salmon fish cake, lemon slice and tartar sauce, broccoli & cauliflower florets, mashed potato Selection of fruit	Roast breast of chicken or beef stew, herb stuffing gravy, diced turnip, baton carrots, mashed potato Jelly pot	Homemade Margherita pizza or marinated chicken fillets with warm tortilla wraps, salad selection, sweetcorn, traditional champ, chips Artic roll
 Week 4 – 20/12/21	Spaghetti bolognaise & homemade garlic bread or breaded fish fingers, baton carrots, medley of vegetables, mashed potato Vanilla ice cream	Breast of chicken curry & rice, naan bread or chicken & cheese melt, garden peas, salad selection, mashed or boiled potatoes, Jelly pot	<p>School closed 12.00pm</p>		
 Week 5 –					

Breads
Milk, Water
Fresh Fruit,
Yoghurt
Available Daily

Salad Selection
Rice Salad,
Coleslaw
Sweet Chilli Pasta
Tossed Salad
Lettuce, Cherry
Tomato
Grated Carrots
Cucumber
Diced Red Peppers
Red Onion
Radish
Beetroot

If You Require Any Additional Information on Allergens or Special Diets Please Contact the School to complete a Special Diets Application Form

Menu choices subject to deliveries, Fresh fish may contain bones
Rice, pasta and gravy can be served daily